

ALTERNATIVE BREAK RESOURCE GUIDE

This is the duty of our generation as we enter the twenty-first century -- solidarity with the weak, the persecuted, the lonely, the sick, and those in despair. It is expressed by the desire to give a noble and humanizing meaning to a community in which all members will define themselves not by their own identity but by that of others.

-Elie Weisel

Whether you are going to Miami or Rio, New Orleans or Ukraine, or any other city around the globe, the work that you will do and the hours of service that you contribute will change the lives of the communities that you visit. We've put together an array of **resources** for you to help make the trip planning experience a positive and successful one. **All resources can be found in [Hillel's Document Center](#)***. (If you don't have log-in information for the Document Center, please sign up for an account at <https://center.hillel.org>.)

FUNDRAISING

The lower the cost, the more desirable a trip can be. Maximize your fundraising efforts through:

- *Alternative Break Grants* – Funds are available for specific trips. Guidelines for the application are on [Hillel's Document Center](#). Applications will continue to be accepted on a rolling basis until all funds are allocated.
- *Friends Asking Friends* – An online tool for students and staff to ask friends and family to help support the alternative break.
- *Guide to Fundraising for Alternative Breaks* – A comprehensive list of sources to maximize the amount of money that you raise to subsidize your trip.

TRAVEL AND TRANSPORTATION

A stamp in the passport and or a road trip with new friends is exciting. Save some green with:

- *Fly for Good* – If you're planning an international alternative break, you are eligible for [discounted flights](#).
- **David Newman** of **Hofstra Hillel** [found this program](#) with American Airlines and United Airlines offers a [similar option](#) as well. If you build any relationships with airlines, or find any other deals, let us know and we can share the sales!
- *Thrifty Car Rental* – Staying closer to home? You are eligible for Schusterman International Center's corporate rate.

BE PREPARED

We want this experience to be successful and positive. Make sure to use the tools available to you:

- If you're staffing an Alternative Break with SIC or one of our partners, you are required to participate in our online training sessions. Check your update emails for dates and times.
- If you are working with one of our partners or planning your own trip, please visit our online resources to help prepare – from recruitment to return.
 - Alternative Break Staff Manuals for SIC and non-SIC trips
 - Alternative Break Curricula for non-SIC trips

- Interview guidelines
- Orientation guides for SIC trips
- Campuses organizing their own trips can adapt our curricula to fit your needs.
- Ask questions – we're more than happy to have conversations and be sounding boards for any questions and new ideas that you have.

*WHERE DO I FIND...

Hillel's Document Center? <https://webmail.hillel.org>

Information about applying for an Alternative Break Grant?



Information and tools to fundraise for the trip?



Educational guidelines if you are planning your own trip or SIC orientation materials?



General Resources to help make planning and executing your trip easier?



We are excited to be part of this process with you and look forward to continue conversations as you plan for your Alternative Break Experience. Feel free to be in touch with us any time.

All the best,
Michelle and Isabel